

# FACE Parent Time Survey

We want to be sure Parent Time sessions are interesting and helpful. Please check the topics you would like to learn more about.

## Health

- Children's health care
- First aid and CPR
- Family planning
- Managing stress
- Diabetes
- Depression
- Health Services
- Immunizations
- Dental care
- Health and safety issues
- Exercise/physical fitness
- Alcohol or substance abuse
- Healthy lifestyles
- \_\_\_\_\_

## Nutrition

- Healthy snacks
- Cooking with children
- Cooking healthy
- Eating well on a tight budget
- \_\_\_\_\_

## Family Activities

- Outdoor fun
- Family games/activities to do at home
- Traditional games
- Holiday activities
- School activities
- Traditional arts and crafts
- Television, movies and my family
- Internet use with children
- Monitoring and limiting screen time
- \_\_\_\_\_

## Language and Culture

- Learning native language
- Teaching children native language
- Cultural activities
- Advocacy Groups

## Family Relationships

- Child discipline
- Caring for my elders
- Being a step parent
- Child abuse and neglect
- Handling anger and frustrations
- \_\_\_\_\_

## Child Development and Learning

- Choosing books for my child
- Reading with children
- Talking with my child's teacher
- Helping my child with school work
- What to expect at different ages
- How children learn and grow
- Nursery rhymes & songs
- Child care
- Creating a literacy-rich home
- School involvement/engagement
- Getting ready for kindergarten
- School violence and bullying
- \_\_\_\_\_

## Parent's Learning and Education

- Employment/work skills
- Time management
- How to advocate for my child
- Use of computers/Internet
- Budgeting
- Self-concept/how I feel about myself
- How to prepare for higher education
- Financial aid for higher education
- \_\_\_\_\_

## Other Topics

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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_